

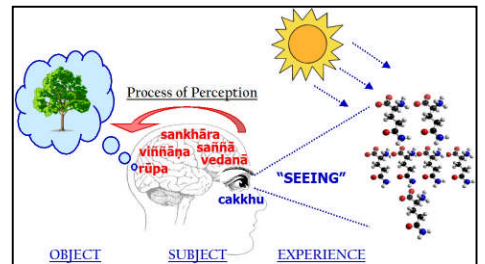
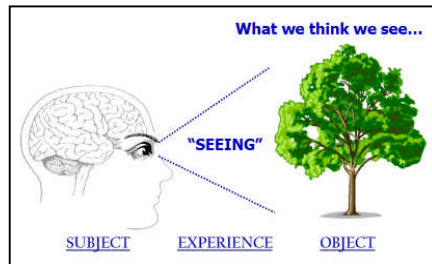
MIND, MATTER & EXPERIENCE

- ❖ There is no MATTER and there is no MIND
- ❖ There is only **EXPERIENCE**
- ❖ EXPERIENCE is an **ACTIVITY**
- ❖ The activity called “EXPERIENCE” creates **ENTITIES**
- ❖ The 2 entities we create are the SUBJECTIVE SELF and the OBJECTIVE WORLD
- ❖ This brings about the concept of “**BEING IN THE WORLD**”
- ❖ We live under the delusion that there is a SUBJECTIVE MENTAL SELF (“**atta**”) and there is an OBJECTIVE MATERIAL WORLD (“**loka**”).
- ❖ All this is a product of the process called “EXPERIENCE”
- ❖ We can only speak of the arising and cessation of this ACTIVITY called “EXPERIENCE”

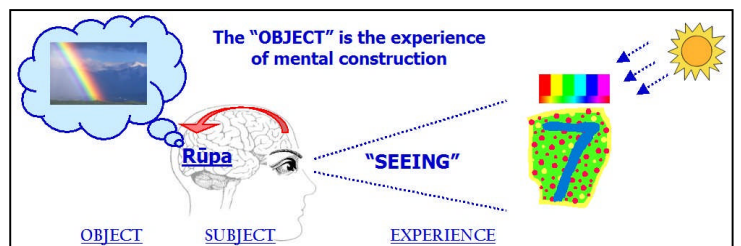
EXPERIENCE: SEEING OBJECTS

The are 3 parts in an experience:

1. SUBJECT
2. OBJECT
3. EXPERIENCE



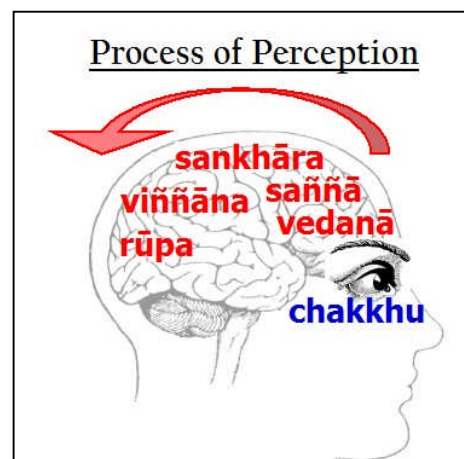
What We Actually Experience



ANALYZING THE SUBJECTIVE EXPERIENCE

The 5 Cumulatives (“5 aggregates”)

1. Feeling (**Vedanā**)
2. Sensation (**Saññā**)
3. Mental Construction (**Sankhāra**)
4. Perception (**Viññāna**)
5. Mental Image (**Rupā**)



ANALYZING THE OBJECTIVE EXPERIENCE



Pathavī dhātu
SOLIDITY



Āpo dhātu
FLUIDITY



Tejo dhātu
HEAT



Vāyo dhātu
MOTION

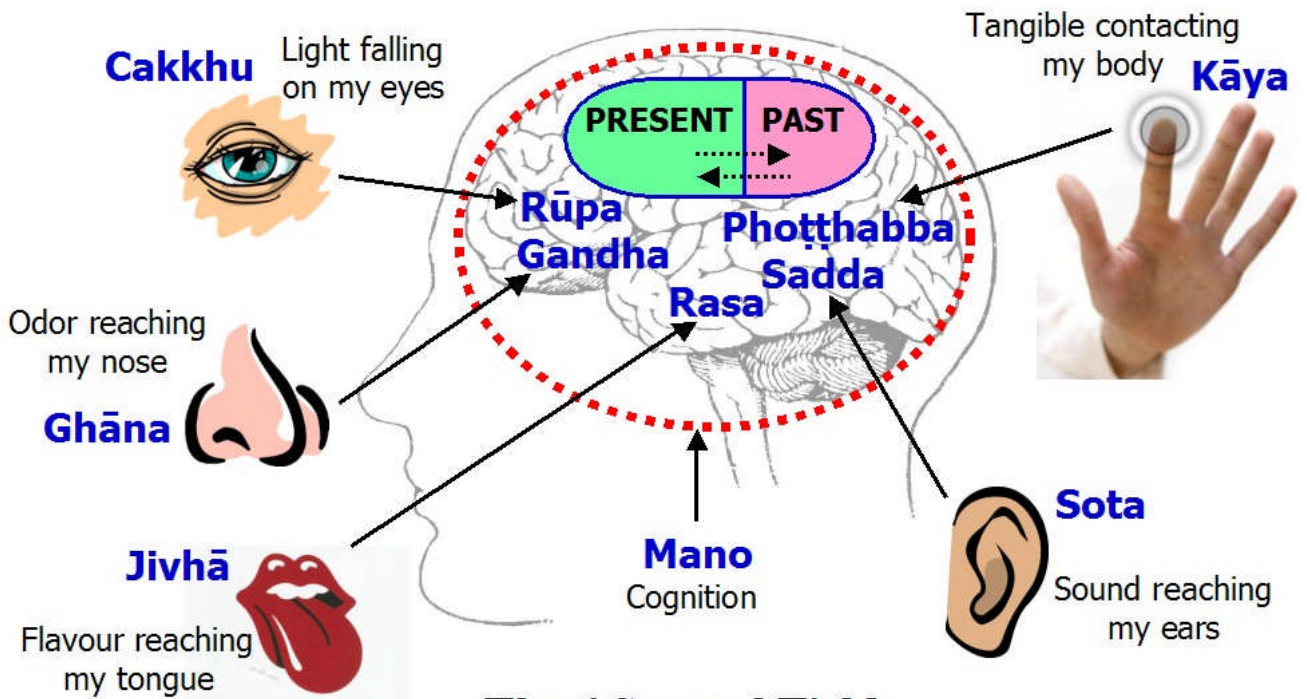


Ākāsa
SPACE



Viññāna
PERCEPTION

ANALYZING THE PROCESS OF EXPERIENCING



The 6 Sensual Fields